

Share Your Story for Supportive Housing Week

A guide to recording and sharing your video through MemoryFox

Why We're Collecting Stories

During Supportive Housing Week, we want to elevate the voices of people with firsthand experience of supportive housing. Your story can help policymakers, community members, funders, service providers, and advocates better understand the impact supportive housing has on people's lives.

By sharing your experience, you can help others see why supportive housing matters, challenge misconceptions, and support efforts to ensure more people have access to safe, stable housing and supportive services.

How Your Video May Be Used

Your video will be shared with CSH as part of Supportive Housing Week 2026. If you choose to submit a video, it may be used in:

- Supportive Housing Week events and campaigns
- The Supportive Housing Week website
- Social media posts
- Email communications
- Presentations and educational materials
- Advocacy and awareness efforts

Please only share information you are comfortable making public. If applicable, your participation and use of your video may also be subject to an accompanying media release or consent form.

The Question We'd Like You to Answer

Why does supportive housing work for you?

There is no right or wrong answer. We encourage you to speak from your own experience.

If helpful, consider sharing:

- What was life like before supportive housing?
- What changed after you moved into supportive housing?
- What supports have made the biggest difference in your life?
- How has supportive housing helped you reach your goals?
- What do you wish other people understood about supportive housing?
- Why should more people have access to supportive housing?

Tips for Recording Your Story

- Aim for 1–3 minutes.
- Find a quiet place with minimal background noise.
- Face a window or light source so your face is easy to see.
- Speak clearly and at your own pace.
- Look at the camera when possible.
- Don't worry about being perfect—authenticity is more important than polish.
- Share only what you feel comfortable sharing.

How to Submit Your Video Through MemoryFox

MemoryFox is a simple tool that lets you record and send a video using your phone or computer. You do not need to download anything or create an account. Just open the link, record your video, and submit it in a few steps.

1. Get Started

Open this link: <http://CSH.memfox.io/nytaho>

The link will open in your internet browser. You do not need to download anything.

Tap or click **Start** to begin.

2. Enter Your Information

You may be asked to enter your name or email.
Follow the directions on the screen and continue.

3. Answer The Prompt

You'll see the prompt:

Why does supportive housing work for you?

Take your time and speak from your own experience.

4. Option 1: Record a New Video

Tap or click the **Record** button.
When you are ready, start speaking.
Tap the button again to stop recording.

Watch your video. If you want to start over, choose **Retry**.
If you're ready to move on, choose **Continue**.

4. Option 2: Upload a Video You Already Recorded

If you already have a video saved on your phone or computer:

- Select **Upload**
- Choose your video file
- Wait for it to upload
- Select **Continue** once it appears on the screen

5. Review Your Video

Take a moment to watch your submission.
If you want to make changes, choose **Retry**.
If you're happy with it, choose **Continue**.

6. Submit Your Story

You may have the option to add a short note. This step is optional.

When you're ready, select **Submit**.

That's it—your story has been sent. Thank you for sharing your experience.

Helpful Resources

- View MemoryFox's [submission walkthrough and examples](#).
- If your camera does not turn on, refresh the page and allow camera access.
- You can use a phone, tablet, or computer.
- You may record your video as many times as you'd like before submitting.
- If you are helping someone submit a story, make sure they understand how their video may be used and have given their permission to participate.

Thank You

Your voice is one of the most powerful tools we have for helping others understand the value of supportive housing. Thank you for sharing your story and helping us build greater awareness, understanding, and support during Supportive Housing Week.